



## Lenten Reading: Soul Rest

The season of Lent often invites us to reflection and renewal. If you're interested in exploring the importance of sabbath in our lives, we have copies of *Soul Rest* by Curtis Zackery available in the foyer. In *Soul Rest*, Curtis "CZ" Zackery reveals how our misaligned view of rest has its roots in an identity that is out of rhythm with God. Taking steps toward understanding Sabbath in the way that God intends can dynamically affect every aspect of our lives. The suggested donation is \$10 but there is no requirement to pay.